

AIA MyCare

**EXPERT MEDICAL
SPECIALISTS
ARE WAITING TO
HELP YOU**



A lot of questions race through your mind when you've been diagnosed with an illness, or are living with a chronic condition. But knowing exactly what you're dealing with –and getting advice from leading specialists – can give you and your treating doctor a clear way forward.

AIA MyCare in collaboration with Teladoc Health gives you access to expert medical advice and guidance in the comfort of your own home.

We provide you and your immediate family* with easy access to leading GP's, specialists and mental health clinicians via Telehealth – helping you get the right diagnosis, treatment and information when facing a medical uncertainty.

*Immediate family includes your partner (spouse, civil, or de facto), children (any age), and parents (incl. in laws)

Reasons to contact AIA MyCare:

- Need help understanding your medical condition
- Unsure about your diagnosis and want a second opinion
- Doubts about treatment or surgery recommendations
- Wanting questions answered about your condition
- Looking for an expert

+50,000

leading doctors worldwide

+450

sub specialities

'Getting the appropriate advice is paramount. An independent, non-biased opinion on appropriate management is very useful.'

— Dr John Mayhew

BSc, MBChB, DipObst, DipSpMed(Hon),
DOccMed. Ex All Blacks Team Doctor.



Quick, easy access to over 50,000, local and International leading specialists



Certainty around your diagnosis and treatment plan, whatever the condition.



Access AIA MyCare at any time and as many times as you need, completely confidentially.

Teladoc Health does not share any information with anyone other than you.



There are no costs to you and access extends to your partner, children and parents (incl. In-laws)

“I have never had so much help and encouragement in order to recover. I’m genuinely optimistic about my health journey.”

— Katie

Physical condition outcomes

Modified diagnosis in



Modified treatment plan in



Mental health outcomes

Modified diagnosis in



Modified treatment plan in



\$7,200

Average reduction in medical cost when a treatment change is recommended



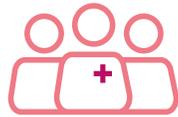
How does it work?

From the first contact, our clinical team will guide you through the process



Initiate

Contact us by web or phone.



Speak with us

Our clinical team will identify how we can best assist and then provide guidance and support throughout the journey.



HEALTHIER, LONGER,
BETTER LIVES

AIA MyCare is provided by Teladoc Health as part of your corporate policy with AIA New Zealand Limited (AIA).



Mental Health Navigator

A quick and easy review of your mental health via Telehealth by a team of leading New Zealand registered experts – with ongoing support from a mental health nurse.



Expert Medical Opinion

An in-depth second medical opinion of any physical condition by leading global experts to help you better understand your diagnosis and treatment options.



Ask a GP

Ask a New Zealand GP your general medical questions online.

You can access our services by calling

0800 425 005 or visiting **www.aiamycare-teladoc.com**

Please keep in mind that in order to use Mental Health Navigator, you must be at least 18 years old and residing in New Zealand. AIA MyCare is not insurance and does not replace your current doctor or medical professional. Before making any insurance decisions, you should consult a professional Adviser.